



July 5, 2019

To Whom It May Concern;

The Laurel Centre Inc. is seeking individuals to join its Board of Directors. The Board encourages applications from individuals with diverse backgrounds and skill sets. Potential board members must be at least 18 years of age.

The Laurel Centre Inc. (TLC) was founded in 1985 and is a not-for-profit organization that provides individual and group trauma therapy to individuals who identify as women and youth who have experienced childhood sexual abuse or adolescent sexual victimization. In addition, since 2010, TLC has operated The Men's Resource Centre, which provides individual and group therapy for individuals who identify as men dealing with childhood trauma or other life stressors, and an emergency shelter program for individuals who identify as men fleeing family violence. Together, TLC and The Men's Resource Centre serve over 500 individuals annually.

The Board of Directors of TLC operates as a governance board and therefore, as a member of the Board, you will play a role in leading the organization to fulfil its mission. Board meetings are typically held on the third Tuesday of each month from 5:30 p.m. to 7:30 p.m., from September to June. In addition to regular meetings, Board members are expected to participate in at least one committee. The time commitment is estimated at 3-6 hours per month, including preparation for and attendance at meetings.

Interested candidates are asked to submit a resume by **August 2, 2019** to the attention of:

Kathleen McCandless, Member, Board Development Committee
The Laurel Centre
104 Roslyn Rd
Winnipeg, Manitoba R3L 0G6

Email: - info@thelaurelcentre.com

Thank you in advance for your interest in The Laurel Centre. We look forward to hearing from you!